

August 2017

Hillsboro CUSD #3

BREAKFAST

We have the right to substitute items without notice.

Breakfast - \$1.50, Reduced \$.30

Lunch - \$2.65, Reduced \$.40

This menu may contain peanuts or nut products



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday



This institution is an equal opportunity provider

Tuesday

Wednesday

Thursday

Friday

7

8

9

10

11

14

*Not in Attendance
Due to
Teachers' Institute*

15

*Not in Attendance
Due to
Teachers' Institute*

16

Choice of Cereal
Pop tarts
Fruit/Fruit Juice
Milk

17

Choice of Cereal
Cheese Omelet
Fruit/Fruit Juice
Milk

18

Choice of Cereal
Mini Sausage Bites
Fruit/Fruit Juice
Milk

21

Choice of Cereal
Breakfast Pizza
Fruit/Fruit Juice
Milk

22

Choice of Cereal
Pancakes w/ Syrup
Fruit/Fruit Juice
Milk

23

Choice of Cereal
Biscuit & Sausage Gravy
Fruit/Fruit Juice
Milk

24

Choice of Cereal
Cinnamon Rolls
Fruit/Fruit Juice
Milk

25

Choice of Cereal
Mel-O-Cream Doughnuts
Fruit/Fruit Juice
Milk

28

Choice of Cereal
French Toast Sticks
Fruit/Fruit Juice
Milk

29

Choice of Cereal
Sausage & Cheese Bagel
Fruit/Fruit Juice
Milk

30

Choice of Cereal
Biscuit & Sausage Gravy
Fruit/Fruit Juice
Milk

31

Choice of Cereal
Funnel Cake
Fruit Juice
Milk